

said base having at least one arm including at least one aperture sized to receive at least one fastener for affixing said base to the bone;

    a bone fastener sized to protrude through said base arm aperture for anchoring said thin body securely to a bone; and

    a wire guide connected to said far end of said central member for receiving orthodontic wire.

2. The system of claim 1, including a first orthodontic appliance; a second orthodontic appliance; an orthodontic wire connected to said wire guide connecting said first orthodontic appliance to at least said second orthodontic appliance for use in applying tension for the movement of teeth.

3. The system of claim 1, wherein said wire guide is used in conjunction with an orthodontic tension band bracket.

4. An orthodontic system for creating a stabilizing and moving force used in orthodontic treatment comprising:

    a thin bone plate having a distal end formed of biocompatible material, said plate having a base with at least one aperture extending there through;

    a bone fastener for affixing said base to the bone through said plate aperture for securely fastening said plate to a bone; and

    tension band bracket affixed to said bone plate at said distal end of said base.

5. A system as claimed in claim 4, including a wire guide attached to said bone plate at said distal end of said base.

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7. A method of orthodontic anchorage for use as a fixed pushing, pulling or stabilizing point in treating teeth and bite malalignments, the method comprising:

(a) providing a flat, rigid body, comprising:

a bendable base having at least one aperture adapted to receive at least one fastener for affixing said base to the bone;

at least one bendable elongated central member planarly extending from said base, the distal end of said central member having a first orthodontic appliance integrally formed thereto and adapted to receive wire for attachment to a second orthodontic appliance attached to a patient's tooth;

(b) making an incision in the oral soft tissue at the desired placement location to expose the bone on which said base is to be attached;

(c) securely anchoring and affixing said base to the bone with at least one bone fastener so that the base contacts the bone and the central member extends through the soft tissue of the jaw adjacent a non-occlusal surface of the teeth;

(d) affixing said first orthodontic appliance to at least one second orthodontic appliance attached to at least one tooth in the patient's mouth using orthodontic wire;

(e) adjusting said wire periodically until teeth or bite malalignment is corrected as determined by the orthodontist;

(f) after completion of the orthodontic treatment, disconnecting said first orthodontic appliance from said second orthodontic appliances, making an incision at the insertion site to reveal the base, unfastening and removing said base, surgically closing the incision and allowing the incision site to heal.